

Troop 1018 Backpacking Checklist

Note: The key to successful backpacking is to take what you need -- nothing more, nothing less. Even a few ounces will seem to turn to a few pounds after ten miles of uphill hiking. Also, some "convenience items" that might be included on a five mile hike to a campsite would not necessarily make the cut for a 40 mile trek. Some items can be shared – for example, two boys can share a tent, with one carrying the tent and the other carrying the poles, stakes, and rain fly – one can carry the stove, while the other carries the fuel. But, an important note of caution – make absolutely clear about who is bringing what. The middle of a pouring rain is not the time to be saying, "I thought you were bringing the rain fly". This list is a guideline to get you started -- experience may lead you to omit some of these items as you see fit.

Pack

- Backpack
- Pack cover

Shelter

- Tent (incl poles, stakes, rainfly)
- Tent broom
- Ground cloth or tarp
- Guy ropes
- Stake hammer

Sleeping Gear

- Sleeping Bag
- Pillow or Inflatable Pillow
- Pad

Things to Wear

- Poncho or other Rain Gear
- Appropriate Boy Scout Uniform
- Footwear
- Pants and shirts
- Sneakers or sandals
- Jacket or sweater
- Hiking boots
- Gloves
- Socks (include sock liners)
- Hat
- Undershirts & underpants
- Stocking cap
- Bandana
- Swimsuit

Personal Care Items

- Biodegradable soap
- Mirror
- Toothbrush and toothpaste
- Trowel
- Toilet Paper (in a ziplock bag)
- Insect repellent
- Comb or brush
- Sun screen
- Camp towel
- Lip balm (w/UV protection)

Cooking gear

- Backpacking stove (with spare parts, as needed)
- Cup
- Fuel for stove
- Fork, spoon, knife
- Funnel
- Spices
- Plate/bowl/pan/pot
- Plastic scrubber
- Pot grabber
- Disinfectant rinse (Clorox)

Food (as appropriate)

Other Miscellaneous Gear

- Water purification equipment
- Repair kit
- Water purification tablets
- Matches
- Fire starter
- Scout knife & pouch
- Head net
- Personal lantern (with extra mantle or candle)
- Bandana
- Compass
- Sunglasses (w/UV protection)
- Regular glasses (if needed)
- Emergency whistle
- Rope (nylon cord)
- Flashlight and/or headlight
- Extra batteries for flashlight
- Extra bulb for flashlight
- Pencil, pen, notebook
- Personal first aid kit
- Canteen or water bottles
- Ziplock bags, plastic bags for trash, waste, etc

Optional, depending on circumstances

- Boy Scout handbook
- Field guides, star charts
- Map(s)
- GPS receiver
- Binoculars
- Camera
- Extra film
- Reading material
- Personal chair
- Work gloves
- Money
- Identification
- Musical Instrument (e.g. harmonica)
- Altimeter
- Ax/saw
- Camping/fire permits
- Fishing gear
- Fishing license
- Weather radio
- Travel game; cards
- Walking stick; trek pole(s)